WILLOWS OF POTOMAC
FITNESS CENTER PARENTAL PERMISSION FORM

I/WE, _____, am a resident of the Willows of Potomac, and a parent or legal guardian of _____. Date of Birth: ____/____/____

I hereby give permission to the above named child to use The Willows of Potomac Fitness Center. I understand that they will be using the Fitness Center only under the following conditions:

1. Each child using the Fitness Center will be at least sixteen (16) years of age.
2. A signed Fitness Center Parental Permission Form must be on file with the Clubhouse Committee for <u>each</u> child permitted to use the facility.
3. The parents or legal guardian have reviewed the Willows of Potomac Clubhouse Rules and Regulations with the child listed above.
4. Each child has demonstrated to the parent (other relative or legal guardian) that they know how to use the equipment in a proper and safe manner.
5. No guests are permitted in the Fitness Center at any time.
6. No children under the age of 16 are permitted in the Fitness Center at any time.

I further understand and agree that in the event of accident, injury or death of a child engaged in the unaccompanied use of the Fitness Center, I and/or other person authorized to act on behalf of the child, or whose legal rights are derived from their relationship with the child, shall waive any and all claims on behalf of the child or myself (or other relative) against The Willows of Potomac, and/or any agent or employee thereof, for any conduct, failure to perform any duty, breach of any standard care, act, or omission to act, and will under no circumstances file suit or asset claim against the Willows of Potomac, and/or any agent or employee thereof. I UNDERSTAND THAT THIS IS A WAIVER OF POTENTIAL LEGAL RIGHTS, AND A GENERAL RELEASE OF CLAIMS. BY PERMITTING MY CHILD(REN) TO USE THE FITNESS CENTER, I SHALL BE DEEMED TO HAVE GRANTED THIS WAIVER AND RELEASE. MY CHILD(REN)'S USE OF THE FITNESS CENTER IS SUBJECT TO ALL OF THE FOREGOING CONDITIONS, NONE OF WHICH MAY BE WAIVED EXCEPT IN WRITING APPROVED BY THE BOARD OF DIRECTORS.

_____	_____	____/____/____
Print Name	Signature of Parent or Legal Guardian	Today's Date
_____	_____	____/____/____
Print Name	Signature of Parent or Legal Guardian	Today's Date

I hereby acknowledge that I have read, understood and will comply with, The Willows of Potomac Clubhouse Rules and Regulations.

_____	_____	____/____/____
Print Name of Child	Signature of Child	Today's Date